



JULY 2020 -
JANUARY 2021

IMPACT REPORT

MANCHESTER YOUTH ZONE



A MESSAGE FROM OUR CEO

AS CEO OF MANCHESTER YOUTH ZONE, I HAVE JUST ONE VISION - TO POSITIVELY CHANGE THE LIVES OF YOUNG PEOPLE. THAT MEANS TO BELIEVE IN YOUNG PEOPLE AND TO CREATE NEW OPPORTUNITIES FOR YOUNG PEOPLE. THERE IS ALWAYS MORE TO BE DONE, ALWAYS MORE YOUNG PEOPLE WHO NEED OUR SUPPORT, ALWAYS MORE CHALLENGES THAT PRESENT THEMSELVES ... 2020 CERTAINLY SHOWED US THAT.

"NEVER COULD WE HAVE IMAGINED, A DAY WOULD COME THAT WE'D BE FORCED TO SHUT OUR DOORS."

COVID OPENED OUR EYES TO A WHOLE NEW WORLD OF CHALLENGES, NOT JUST FOR OUR YOUNG PEOPLE, BUT FOR OURSELVES TOO. I WOULD JUST LIKE TO TAKE THIS OPPORTUNITY TO SAY THANK TO EVERYONE WHO STOOD BY US THROUGHOUT WHAT IS ONE OF THE TOUGHEST YEARS WE'VE EVER FACED. FROM THE VOLUNTEERS WHO CONTINUED TO HELP US BE THERE FOR YOUNG PEOPLE, SUPPORTERS WHO MADE SURE WE HAD THE FUNDING TO CONTINUE OUR WORK, IT JUST WOULDN'T HAVE BEEN POSSIBLE WITHOUT YOU.

ADAPTING TO COVID

'IMAGINE THE CHANGE' OR 'BE THE CHANGE', THAT'S WHAT WE TELL OUR MEMBERS WHEN THEY WALK THROUGH THE DOORS OF OUR BIG YELLOW BUILDING. AND THATS EXACTLY WHAT WE HAD TO DO WHEN COVID-19 STRUCK!



AS A CHARITY THAT WOULD NORMALLY WELCOME OVER 1000 VISITS EVERY WEEK FROM SOME OF THE MOST VULNERABLE CHILDREN IN MANCHESTER, BEING FORCED TO CLOSE OUR DOORS WAS NEVER GOING TO STOP US BEING THERE FOR YOUNG PEOPLE.

WE ADAPTED, WE CHANGED, AND WE BROKE THROUGH BOUNDARIES WE DIDN'T EVEN KNOW EXISTED.

WITH AN UPDATED PURPOSE OF PROVIDING 'SOMEWHERE TO TURN, SOMETHING TO DO, SOMEONE TO TALK TO', ALONG CAME #VIRTUALMYZ - AN ONLINE YOUTH ZONE WITH ZOOM SESSIONS, DAILY CHALLENGES, FITNESS SESSIONS, FOOD DELIVERIES, WELL-BEING CALLS/VISITS AND MUCH, MUCH MORE.

ALEX AGE 9

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*MY FAVOURITE
THING ABOUT
MANCHESTER YOUTH
ZONE IS NOBODY
BULLIES AND
EVERYONE IS EQUAL.*

”

THE STATS



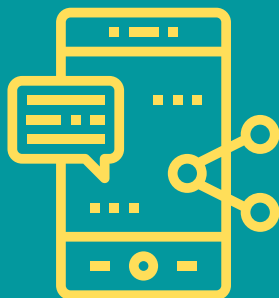
CORE SESSIONS REMAINED CLOSED, BUT THROUGH 1-1'S AND SOME GROUP SESSIONS WE HAD **3324 VISITS!**



WE PROVIDED YOUNG PEOPLE WITH 'SOMEONE TO TALK TO' WITH **622 HOURS** OF MENTORING AND OVER **1400** PHONE CALLS



A MIX OF FITNESS SESSIONS, MUSIC LESSONS, GAME NIGHTS, COOKING AND MORE MEANT WE HOSTED OVER **900 ZOOM** SESSIONS!



WE HAD OVER **10,000** ENGAGEMENTS ACROSS INSTAGRAM AND FACEBOOK WITH DAILY CHALLENGES AND ACTIVITIES.

THE STATS



6 YOUNG PEOPLE HAVE COMPLETED AN AQA MOUNTAIN BIKE AWARD!



63 YOUNG PEOPLE HAVE TAKEN PART IN REGULAR MOUNTAIN BIKING RIDES ACROSS THE NORTH WEST AS A WAY TO STAY ACTIVE DURING THE PANDEMIC



OVER 1000 HOURS OF VOLUNTEERING HAVE TAKEN PLACE, BOTH IN PERSON AND VIRTUALLY!

LEXI AGE 8

“

*MANCHESTER YOUTH
ZONE IS A GREAT
PLACE TO BE
BECAUSE WHEN LIFE
IS STRESSFUL I CAN
COME HERE AND
COOL DOWN*

”

HOLIDAY HUNGER

IN 2020, 'HOLIDAY HUNGER' WAS NO LONGER JUST ABOUT CHILDREN HAVING ACCESS TO FOOD THROUGHOUT THE SCHOOL HOLIDAYS. THE PANDEMIC MEANT THAT SCHOOL DINNERS WERE NO LONGER A RELIABLE SOURCE OF FOOD FOR A LOT OF THE YEAR.

WHILST ACCESS AND AVAILABILITY OF FREE MEALS WAS BEING DISCUSSED NATIONALLY, WE CONSISTENTLY ENSURED THAT NONE OF OUR MEMBERS, OR THEIR FAMILIES, WENT HUNGRY.

THROUGH VARYING METHODS SUCH AS FOOD PARCELS ENCOMPASSING OUR OWN TAKE ON 'HELLO FRESH' BOXES AND MEALS ON SESSION - WE PROVIDED OVER **10,000 MEALS** FREE OF CHARGE TO OUR LOCAL COMMUNITY!

ADDITIONALLY, WE ALSO LAUNCHED THE MYZ FOOD PANTRY, SIMILAR TO A FOOD BANK, TO MAKE SURE WE HAVE THE NECESSITIES AVAILABLE FOR ANYONE WHO NEEDED IT.



PARENT

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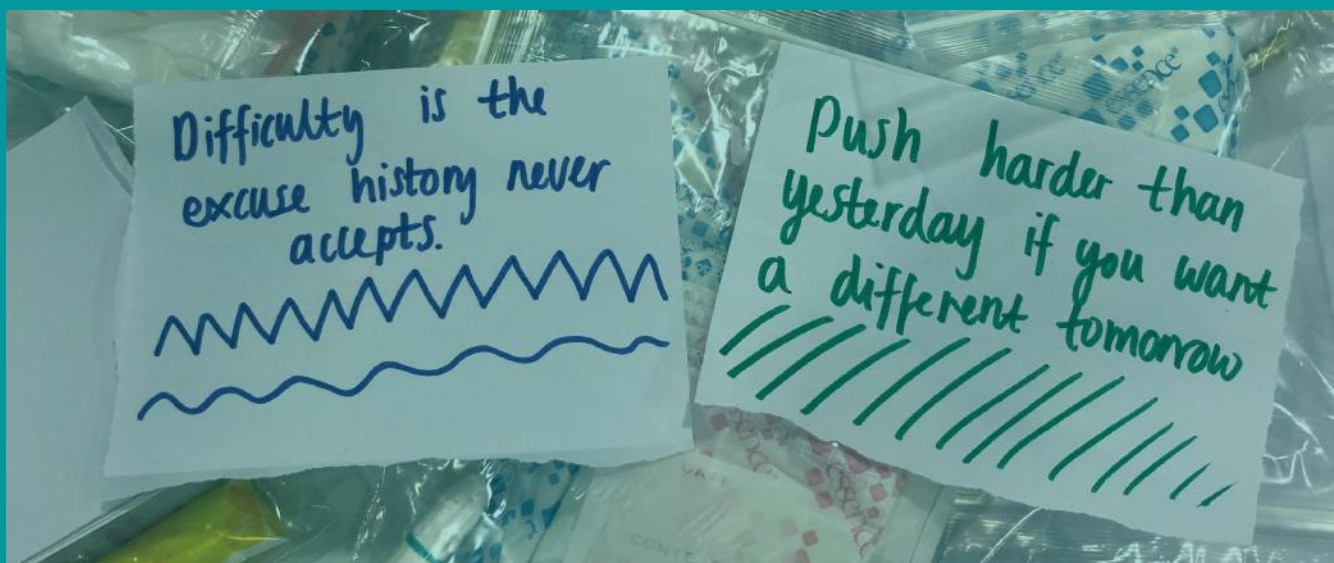
I DON'T REALLY KNOW WHERE WE WOULD BE WITHOUT YOUR FOOD DELIVERIES. I'VE BEEN SO WORRIED SINCE SCHOOLS CLOSED AND STRUGGLED FOR MONEY AND FOOD.

YOU REALLY DON'T KNOW HOW MUCH YOUR SUPPORT MEANS TO US.

”

20 YOUNG PEOPLE PARTICIPATED IN OUR 'LEARN2LEAD' PROGRAMME.

LAUNCHING JUST AFTER THE FIRST LOCKDOWN, MANY HAD EXPERIENCED POOR MENTAL HEALTH AND SOCIAL ISOLATION. THE PROGRAMME, INCLUSIVE OF VOLUNTEERING AND SOCIAL ACTION OPPURTUNITIES, REALLY HELPED TO RAISE SELF-ESTEEM AND READAPT TO LIFE OUTSIDE THEIR HOMES.



3

YOUNG LEADERS PRODUCED A VIDEO FOR OTHER MEMBERS ON HOW TO STAY 'COVID SAFE' AT MYZ

5

YOUNG LEADERS CREATED 'PERIOD PACKS' FOR USERS AT CORNERSTONE - A CENTRE FOR THOSE FACING DIFFICULT TIMES

2

YOUNG LEADERS STARTED A LEVEL 2 YOUTH WORK QUALIFICATION

7

YOUNG LEADERS PRODUCED A FILM FOCUSSED ON TACKLING RACISM AND RADICALISATION

2

YOUNG LEADERS SPOKE TO BBC BITESIZE ABOUT THEIR EXPERIENCES OF ANXIETY THROUGHOUT THE PANDEMIC

SARAH JOINED MANCHESTER YOUTH ZONE IN EARLY 2020 AS PART OF THE LEAN2LEAD PROGRAMME. ON THIS PROGRAMME SHE PRESENTED AS CONFIDENT, WITH AMBITIONS AND PLANS FOR HER FUTURE. THE LEADERSHIP PROGRAMME WAS JUST COMING TO AN END AS LOCKDOWN BEGAN IN MARCH.

THROUGHOUT THIS PERIOD SARAH BECAME HEAVILY INVOLVED IN OUR ONLINE DELIVERY, ATTENDING ZOOM SESSIONS AND ENGAGING WITH BOTH STAFF AND OTHER MEMBERS ON SOCIAL MEDIA. SARAH FORMED FRIENDSHIPS WITH OTHER MEMBERS, HAVING NEVER MET THEM FACE TO FACE.

AS SHE BUILT TRUST WITH THE YOUTH WORKERS ONLINE SARAH SPOKE ABOUT HER MENTAL HEALTH CHALLENGES. SHE SUFFERED FROM ANXIETY AND STRUGGLED WITH FRIENDSHIPS. AS A RESULT SARAH WAS CHOSEN TO BE PART OF A MENTORING PROGRAMME, PARTICULARLY TO HELP WITH CONFIDENCE IN RELATION TO FRIENDSHIPS. AS LOCKDOWN EASED ONE OF SARAH'S MAIN ANXIETIES WAS MEETING THE PEOPLE SHE HAD COME TO FEEL WERE FRIENDS FACE TO FACE. SHE WAS INVITED TO COME ON A SOCIALLY DISTANCED WALK WITH A GROUP OF OTHER MEMBERS AND TWO MEMBERS OF STAFF.

IT WAS QUICKLY CLEAR THAT SARAH'S FITNESS WAS A CONCERN AS SHE WAS PANTING AND OUT OF BREATH AS THEY WALKED ON A CIRCUIT THAT WAS NOT TOO DEMANDING. SARAH'S MENTOR SET HER FITNESS CHALLENGES INCLUDING INCREASING HER STEP COUNT AND ATTENDING OUR NEWLY INTRODUCED BIKE RIDES. ON HER FIRST BIKE RIDE SARAH STRUGGLED TO GET UP HILLS AND WALKED FOR SECTIONS OF THE RIDE. DESPITE FINDING IT CHALLENGING SHE CONTINUED TO SIGN UP FOR RIDES AND NOTICED THAT HER FITNESS WAS IMPROVING WEEK ON WEEK. SHE WAS ALSO ENJOYING THE SOCIAL ELEMENT OF THE BIKE RIDES AND WAS ABLE TO STRENGTHEN THE CONNECTIONS SHE HAD MADE ONLINE.

HAVING ATTENDED THESE TARGETED SESSIONS SARAH HAS NOW TRANSITIONED TO OUR WEEKLY SESSIONS AND IS CONFIDENTLY INTERACTING WITH OTHER MEMBERS. THIS HAS BEEN A MASSIVE STEP FORWARD FOR HER AND SARAH CONTINUES TO CHOOSE BOTH SPORTS AND CREATIVE ACTIVITIES AND IS ENJOYING IMPROVING HER FITNESS.

“ WHEN I COME ON THE RIDES...IT'S GOOD BECAUSE I CAN PRACTISE MY CYCLING TECHNIQUE. I'M NOT THE BEST AND SOMETIMES HAVE TO WALK WITH MY BIKE IF WE GO UPHILL, BUT ANDY GETS US PRACTISING GOING UP AND DOWN HILLS EVERY TIME WE GO ON A RIDE SO I'M GETTING BETTER. ”

SARAH, MYZ MEMBER

JUNIOR CHOICES

26 YOUNG PEOPLE HAVE TAKEN PART IN JUNIOR CHOICES, OUR INTERVENTION PROGRAMME FOR YOUNG PEOPLE AT RISK OF CHILD CRIMINAL EXPLOITATION



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WE CANNOT SPEAK MORE HIGHLY OF THE JUNIOR CHOICES PROGRAMME AND THE BENEFITS IT OFFERS TO THE YOUNG PEOPLE WHO PARTICIPATE AND THEIR FAMILIES, BOTH AT SCHOOL AND AT HOME.

THE STAFF FROM MANCHESTER YOUTH ZONE ARE ROLE MODELS FOR OUR PUPILS AND THE CHILDREN ALWAYS ENGAGE WITH THEM, STRIVE TO BE LIKE THEM AND PUSH THEMSELVES TO ACHIEVE FOR THEM.

CHILDREN BENEFIT HIGHLY FROM THE 1-1 SESSIONS AND THE OFFSITE VISITS WORK WONDERS FOR YOUNG PEOPLES CONFIDENCE, SELF ESTEEM, COOPERATIVE SKILLS AND PERSONAL GOALS.

THE TEAM WORK PROFESSIONALLY WITH THE CHILDREN, THEIR FAMILIES AND TEACHERS AND GO OVER AND ABOVE TO SUPPORT THE CHILD AND EVERYONE AROUND THEM.

”

VERITY HALL, TEACHER, MOSTON LANE PRIMARY

CASE STUDY

JACOB, AGE 11 WAS REFERRED TO THE JUNIOR CHOICES PROGRAMME BY SCHOOL, AFTER WITNESSING A SEVERE ACCIDENT INVOLVING HIS FRIEND THAT NEARLY RESULTED IN DEATH.

HE WENT FROM A BUBBLY, HAPPY, ENERGETIC CHILD, TO SOMEONE WHO WAS WITHDRAWN, SAD AND DEPRESSED. THOUGH HE WAS RECEIVING SCHOOL COUNSELLING, IT WAS NOT WORKING AS MUCH AS HIS PARENTS AND THE SCHOOL HOPED AND WITH HIM BEING SO RESERVED, WAS OPENING HIMSELF UP TO BECOMING MORE VULNERABLE. THEREFORE SCHOOL REFERRED HIM TO JUNIOR CHOICES.

“

WHEN WE FIRST MET JACOB, HE WAS A PLEASANT CHILD BUT SEEMED UNHAPPY, LACKED CONFIDENCE AND WOULD NOT LOOK US IN THE EYE. HE WOULD ONLY GIVE US ONE WORD ANSWERS WHILST LOOKING AT THE FLOOR AND WOULD NOT ENGAGE IN PROPER CONVERSATION.

OVER THE NEXT FEW WEEKS WITH REGULAR 1-1'S, WE MANAGED TO GET JACOB TO SPEAK TO US MORE BY USING HIS LOVE OF FOOTBALL. WE WOULD TALK IN LENGTH ABOUT GAMES AND WHO PLAYED WELL - THIS HELPED US TO DEVELOP A RELATIONSHIP WITH HIM SO HE WOULD OPEN UP MORE.

PHIL JOHNSON, YOUTH WORKER

”

AFTER A FEW MORE SESSIONS, JACOB WAS A LOT MORE SETTLED WITH YOUTH WORKERS, PHIL AND DAN, AND ALTHOUGH HE WAS APPREHENSIVE ABOUT THE NEXT PHASE OF THE PROGRAMME THAT MEANT HE WOULD BE IN A GROUP WITH OTHER YOUNG PEOPLE, HE WAS EXCITED AT THE PROSPECT OF GETTING INVOLVED IN THE ACTIVITIES AND SESSIONS THAT WOULD COME WITH IT.

DANNY AND PHIL ALSO SPOKE TO JACOB ABOUT ATTENDING JUNIOR SESSIONS AT MANCHESTER YOUTH ZONE. WHILST HE WAS NERVOUS ABOUT THIS, DAN AND PHIL PROMISED THAT THEY WOULD BE THERE FOR HIS FIRST SESSION, WOULD PLAY GAMES WITH HIM AND INTRODUCE HIM TO SOME OF THE OTHER MEMBERS.

HE TURNED UP AT THE NEXT SESSION A LITTLE APPREHENSIVE BUT EXCITED. HAVING NEVER BEEN AT THE YOUTH ZONE BEFORE, HE COULDN'T BELIEVE IT AND THROUGHOUT THE EVENING PLAYED DODGEBALL, BASKETBALL, FOOTBALL AND PHIL EVEN TOOK HIM ON THE CLIMBING WALL - SOMETHING HE HAD NEVER DONE BEFORE AND REALLY ENJOYED. THIS WAS A TURNING POINT FOR JACOB, IT WAS LIKE HE HAD REMEMBERED HOW TO BE A CHILD AGAIN - HE WAS JUST SO HAPPY.

JACOB NOW ATTENDS THREE SESSIONS A WEEK AND HAS A GREAT RAPPORT WITH STAFF. THROUGH THE JUNIOR CHOICES PROGRAMME, JACOB HAS DONE MOUNTAIN BIKING, ORIENTEERING, ABSEILING AND MUCH MUCH MORE. HE HAS STARTED TO ENJOY LIFE AGAIN AND MET NEW FRIENDS.

EVENTUALLY, HE ALSO OPENED TO UP TO DAN AND PHIL ABOUT THE ACCIDENT AND THEY HAVE BEEN A BIG SUPPORT TO HIM, HELPING HIM COME TO TERMS WITH WHAT HAPPENED.

“

JACOB HAS COME A LONG WAY SINCE THE DAY WE FIRST MET HIM AT SCHOOL. WE HAVE BECOME THE PEOPLE WHO HE WILL SPEAK TO ABOUT LOCKDOWN CONCERNS AND HIS FAMILY, BUT ALSO WHO HE COMES TO TO TALK ABOUT HIS ASPIRATIONS AND FUTURE .. SOMETHING HE HAD JUST STOPPED BELIEVING IN PRIOR TO THE PROGRAMME. JACOB IS AN INCREDIBLY RESILIENT CHILD AND IT HAS BEEN AN HONOUR HELPING HIM TO GET BACK TO ENJOYING LIFE.

DAN PERCIVAL, YOUTH WORKER

”

DETACHED

IN JANUARY 2021 WE LAUNCHED OUR DETACHED PROGRAMME, GOING OUT ONTO THE STREETS OF OUR LOCAL COMMUNITY TO ENGAGE WITH YOUNG PEOPLE. SO FAR WE HAVE ALREADY DONE OVER 30 HOURS AND ENGAGED WITH 149 INDIVIDUAL YOUNG PEOPLE!



JOINING OUR DETACHED TEAM ON A SESSION OUT IN HARPURHEY, LISA HARVEY-NEBIL, YOUTH LEAD AT MANCHESTER CITY COUNCIL SAID:

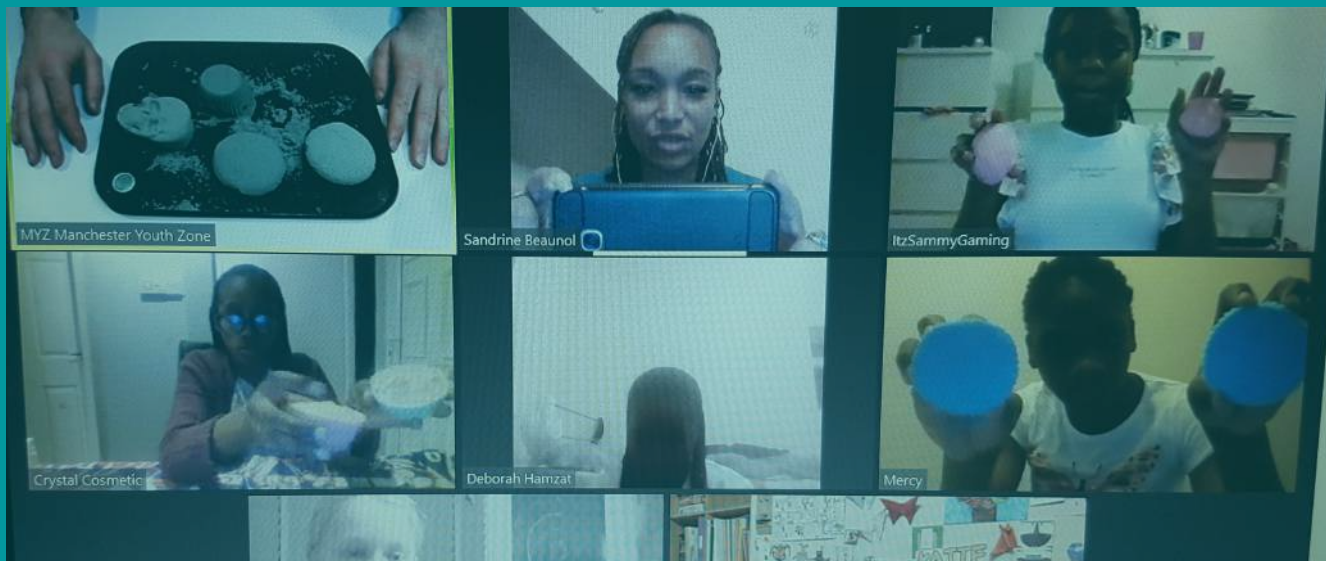
“

I WAS REALLY PLEASED AT THE ENERGY AND ENTHUSIASM OF THE MANCHESTER YOUTH ZONE TEAM TO ADAPT THEIR PRACTICE TO INCLUDE DETACHED YOUTH WORK. THE TEAM ARE COMMITTED TO PROVIDING SUPPORT TO YOUNG PEOPLE IN THE AREA, SHOWING THE NEED FOR CONTINUED YOUTH PROVISION

”

CAREERS AND ENTERPRISE

AS YOUNG PEOPLE HAVE BECOME DISILLUSIONED FROM EDUCATION AND THEIR FUTURE CAREER OPPURTUNITIES, THE BRILLIANT CAREERS TEAM AT MYZ HAS GROWN - INCREASING THE OFFER TO COVER STEM AND FOOD SESSIONS WITH A FOCUS ON ENTERPRISE.



“

SANDRINE'S ATTITUDE AND APPROACH TO YOUNG PEOPLE IS GREAT; SHE WORKS TO THEIR NEEDS IN AN EMPATHETIC AND PERSON-CENTRED APPROACH. SHE QUICKLY BUILDS UP RAPPORT AND TRUSTING RELATIONSHIPS WITH YOUNG PEOPLE WHICH IN TURN HELPS THEM TO FOCUS ON THE BARRIERS TO LEARNING AND THEIR CAREER ASPIRATIONS, BOTH IN THE SHORT TERM AND THE LONG.

”

KENNY STENTON, NORTH LEAD YOUTH WORKER, YPAC

KATIE WAS REFERRED TO OUR CAREER SPECIALIST BY THE CAREERS LEAD AT OUR LADY'S HIGH SCHOOL. THE REFERRAL SAID THAT ALTHOUGH KATIE WAS ON TRACK FOR HER PREDICTED GRADES, SHE SEEMED TO BE LOSING MOTIVATION. AS AN INFLUENTIAL STUDENT, THIS CONCERNED THE SCHOOL SO THEY REACHED OUT FOR ADDITIONAL SUPPORT.

“ *WHEN I HAD MY FIRST SESSION WITH KATIE SHE EXPRESSED HER DISAPPOINTMENT WITH WHERE HER LIFE WAS GOING. SHE SPOKE ABOUT HOW ENGAGED SHE USED TO BE WITH SCHOOL AND HOW HER PEERS LOOKED UP TO HER DUE TO THE FACT SHE HAD A HOMEMADE SKINCARE BUSINESS THAT SHE HAD STARTED UP WITH HER FRIEND. WHEN COVID STRUCK HOWEVER, THIS HAD TO BE PUT ON HOLD DUE TO LACK OF FUNDS AND HER AND HER FRIEND NOT BEING ABLE TO SEE EACH OTHER - THIS HAD A VERY NEGATIVE EFFECT ON KATIE'S SELF-ESTEEM.*

KATIE HAD ALSO BEEN DUE TO START A WORK PLACEMENT WHICH AGAIN HAD TO BE PUT ON HOLD DUE TO COVID AND HAVING BEEN COUNTING ON LAST YEAR AS HER CHANCE TO FOCUS ON HER FUTURE CAREER, WAS LEFT FEELING DEPLETED BY THE PANDEMIC AND THE RESTRICTIONS IT BROUGHT WITH IT.

KATIE EXPLAINED TO ME THAT FROM MARCH - JULY SHE HAD STARTED TO DISENGAGE IN SCHOOL COMPLETELY AND COME THE END OF YEAR 10, SHE WAS FINISHING THE SCHOOL YEAR AT A MUCH LOWER LEVEL THAN SHE HAD STARTED IT. SHE FELT VERY ISOLATED AND WITHOUT A CLEAR FUTURE, WASN'T LOOKING FORWARD TO GOING BACK TO CLASS IN SEPTEMBER.

SANDRINE BEAUNOL, CAREER SPECIALIST, MYZ

THROUGHOUT SANDRINE AND KATIE'S 1-1'S, THEY SPOKE ABOUT SETTING SOME MEDIUM-TERM GOALS THAT WOULD ONLY SPEAK FOR THE COMING 6-12 MONTHS AS NO ONE WAS IN A POSITION TO PREDICT WHAT WOULD HAPPEN FURTHER DOWN THE LINE. THEY COMPLETED SOME 'WORRY TREE' EXERCISES AND THEN PULLED OUT THINGS THAT SHE COULD NOT CONTROL WHILST WORKING OUT A PLAN FOR THOSE THAT SHE COULD. KATIE WAS PARTICULARLY KEEN ON WORKING ON HER FEAR THAT HER LACK OF WORK EXPERIENCE WOULD PREVENT HER FROM SECURING JOB OPPORTUNITIES IN THE FUTURE, SO STEP ONE WAS TO WORK ON BASIC CV SKILLS.

AS KATIE RETURNED TO SCHOOL IN SEPTEMBER, SHE STILL LACKED MUCH MOTIVATION TO ATTEND CLASSES OR FOCUS ON HOMEWORK - EVEN THOUGH BACK IN PHYSICAL LESSONS, SHE NO LONGER FELT CONNECTED TO HER FRIENDS AS THEY COULDN'T SEE EACH OTHER THE SAME AND MISSED THE CONVERSATIONS THEY WOULD HAVE ABOUT HAVING THEIR OWN BUSINESSES IN THE FUTURE AS IT STILL JUST FELT LIKE AN IMPOSSIBILITY WITH THE PANDEMIC.

“ *I WANTED TO RE-SPARK THE LIGHT IN KATIE THAT ONCE SHINED SO BRIGHT. SHE HAD LOST ALL CONFIDENCE IN HER ABILITIES AND SO I DECIDED TO TAKE HER BACK TO THE DRAWING BOARD AND EXPLORE SOME DIFFERENT OPTIONS AROUND SELF-EMPLOYMENT... AND MAYBE EVEN GETTING HER FRIEND BACK INTO IT TOO.*

AS PART OF OUR STEM OFFER AT MYZ, WE WERE HOLDING A ZOOM SESSION FOR YOUNG PEOPLE TO MAKE BATH BOMBS - THE KIT WOULD BE SENT TO THEIR HOUSES AND THEY COULD JOIN THE SESSION TO LEARN HOW TO MAKE THEM. TO HELP ENGAGE KATIE, I GAVE HER 10 INVITES FOR HER FRIENDS AND THE RESPONSIBILITY OF GATHERING THEIR REGISTRATION INFORMATION AND ADDRESSES FOR THE PACKS TO BE SENT.

KATIE WAS THRILLED BY THE RESPONSIBILITY AND AT THE END OF THE SESSION WE EXPLORED HOW BATH BOMBS ARE CURRENTLY BEING SOLD BY PEOPLE RUNNING SMALL SIDE BUSINESSES AND HOW THEY COULD POTENTIALLY DO SOMETHING SIMILAR TO EARN EXTRA CASH AND EMPLOYABILITY SKILLS.

AFTER THE ZOOM SESSION WORD SPREAD ABOUT THE WORKSHOP AND KATIE WAS SO EXCITED TO BE THE 'GO TO' PERSON TO ASK FOR MORE INFORMATION. THE INTEREST HAS BEEN SO HIGH, KATIE HAS ASKED TO WORK ALONGSIDE SANDRINE TO HOST ANOTHER SESSION FOR OTHERS AT SCHOOL AND IS SO PROUD TO BE LEADING BY EXAMPLE IN SOMETHING SHE IS PASSIONATE ABOUT.

KATIE NOW ALSO ATTENDS MYZ ONCE A WEEK WITH SANDRINE TO LOOK FOR FURTHER RESOURCES TO SUPPORT THE SET-UP AND LONGEVITY OF RUNNING HER BUSINESS. IN ADDITION SANDRINE ALSO ARRANGED FOR HER TO ATTEND ONLINE SESSIONS FOR BUSINESS WITH 'ENTREPRENEURS UNLOCKED'.

NOW WITH A FEELING OF HOPE AND A RENEWED CONFIDENCE, KATIE HAS APPLIED TO STUDY BUSINESS AT COLLEGE AND IS BACK FULLY COMMITTED TO SCHOOL TO DO EVERYTHING SHE NEEDS TO DO TO GET THERE. SHE IS LOOKING FORWARD TO LEARNING MORE ABOUT HOW TO DEVELOP HER BUSINESS AND CREATE A SUSTAINABLE BRAND, AND WHILST THE ROAD AHEAD HAS NOT ALWAYS LOOKED GREAT, KATIE SEEMS BACK ON TRACK FOR A BRIGHT FUTURE!

PLAY THERAPY

PLAY THERAPY IS A RECENT ADDITION TO THE MANCHESTER YOUTH ZONE AND IS OFFERED TO OUR JUNIOR MEMBERS IDENTIFIED AS IN NEED OF THE ADDITIONAL SUPPORT.

IT IS DELIVERED BY A QUALIFIED PLAY THERAPIST FROM AN EXTERNAL ORGANISATION AND PROVIDES A SAFE, CONFIDENTIAL SPACE AWAY FROM THEIR FAMILIES AND WITHOUT JUDGEMENT THAT THEY MAY RECEIVE FROM OTHERS.



PLAY THERAPY SESSIONS ARE YOUNG PERSON LED, BOTH IN ACTIVITY AND CONVERSATION. TO PREVENT CONFLICT OF INTEREST, ONLY ONE SIBLING PER FAMILY IS ABLE TO TAKE PART WITH THE SAME THERAPIST.

ACTIVITIES AND RESOURCES ARE PROVIDED TO BE USED IN THE SESSIONS AND EACH YOUNG PERSON HAS A FOLDER TO KEEP THEIR WORK AND COME BACK TO EACH SESSION.

THERE IS NO SET DURATION FOR HOW LONG A YOUNG PERSON CAN CONTINUE WITH THE SESSIONS - EACH CASE IS INDIVIDUAL AND ONCE THE SESSIONS START, THEY ARE OPEN FOR THAT YOUNG PERSON FOR AS LONG AS THERE IS A NEED.

AMELIA AGE 15

“

*MYZ GIVES ME
CONFIDENCE
BECAUSE I DO
THINGS I NEVER
THOUGHT I WOULD*

”

LEARNING KITCHEN

BRAND NEW TO MYZ IN 2020, OUR LEARNING KITCHEN HAS PROVED TO BE A HUGE HIT! THOUGH COVID HAS RESTRICTED HOW MUCH WE CAN DO, WE HAVE STILL BEEN ABLE TO USE THE KITCHEN FOR 1-1 WORK AND YOUNG PEOPLE HAVE BEEN LEARNING TO MAKE EXCITING DISHES WITH FRESH INGREDIENTS. WE'RE ALSO DOING MORE COOKING SESSIONS ON ZOOM AND WILL BE INVITING FAMILIES IN TO LEARN TO COOK TOGETHER USING RECIPES WE PROVIDE IN OUR 'HELLO FRESH' STYLE FOOD PARCELS BEING DELIVERED.



ADDITIONALLY, OUR LEARNING KITCHEN IS ABOUT MORE THAN JUST COOKING. IT'S A HOOK FOR HAVING YOUNG PEOPLE THINK ABOUT INDEPENDENCE AND ENTERPRISE.

WHEN RESTRICTIONS BEGIN TO EASE, YOUNG PEOPLE WILL BE ABLE TO RUN THEIR OWN NIGHTS IN THE SPACE. FROM DESIGNING MENUS AND PROMOTING TO THE PUBLIC - THEY WILL BE ABLE TO GAIN CUSTOMER SERVICE AND MARKETING SKILLS, PLUS MONEY HANDLING AND MUCH MORE ... WATCH THIS SPACE!

IN JANUARY ALONE

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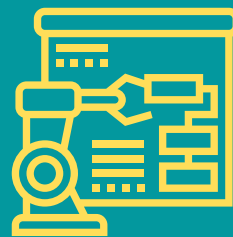
SENT OUT 26
'GET
CREATIVE'
PACKS



SENT OUT 30
'GET BAKING'
PACKS



SENT OUT 17
'GET ACTIVE'
PACKS



SENT OUT 13
'GET MAKING'
PACKS



SENT OUT 14
'GET GARDENING'
PACKS



SENT OUT 13
'GET POSITIVE'
PACKS



42 YOUNG
PEOPLE HAVE
TAKEN PART IN
STEM SESSIONS



MADE 337
WELLBEING
PHONE CALLS



ENGAGED 210
YOUNG PEOPLE
ON ZOOM



HAD 557 VISITS TO
MYZ FOR 1-1'S AND
VULNERABLE
SUPPORT GROUPS

THANKS TO OUR SUPPORTERS



bruntwood



ERIC WRIGHT
CHARITABLE TRUST



Prince's Trust



together.



forever 
manchester

FUSION²¹



MoneyPlus
Live better



SPECIAL THANKS ALSO GO TO:

42ND STREET, ALLIANZ, CADMAN GROUP, CALVIN CAPITAL, CORPTEL, DEPT, JIM SMITH, M13, POD-TRAK, OBI, RSA, SAFFERY'S

RENEE AGE 17

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MYZ is one of my favourite places to go.

I call the people there my family and I love going there so much!

Thank you to the all the staff and the young people for making my life at MYZ the best life ever - fun, exciting and enjoyable

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STAY CONNECTED

